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To Be or Not to Be..., Zombie Clock Face

As a prisoner, what voice do we have without the arts. How can we as human beings express ourselves and tell the world our stories? Through our pain and suffering we can paint a picture where you will find love. In our tears we write a poem that could inspire and in our moments of sorrow tell you a story of strength. The arts of any medium, be it theatre, music, a drawing, a painting, poetry, dance, or any form of expressionism, is a representation of our human nature and how we as individuals perceive the world around us. It is through these mediums that transforms us from a prison number to a human being. The arts can teach us love, remorse, empathy, and helps discover mercy, a greater love, inspiration, strength and a way to find our voice.