Artist Statement

My art is zentangle. Zentangle is an abstract, meditational art form. It consists of a series of repetitive strokes that can be very simple or complex.

In its purist form tangles are drawn on three and a half square tiles using only black ink and graphite for shading. When color or objects are added this becomes Zentangle Inspired Art (ZIA).

I started zentangle in 2021 with absolutely no previous art experience. As my confidence level has improved I've attempted to make my art either usable//functional or inspirational.

While tangling I am relaxed, focused and creative. The motto is "Anything *is possible, one stroke at a time*".

I cannot imagine my life without it. I hope you enjoy it.