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344-20, 345-20

Keeping the Love You Find, Daydream

#1) Keeping the love you find.

The idea behind this painting is to portray something that would represent the unknown, the center of interest a beginning of a question. As to why, we have this unconscious or conscious yearning for partnership, which seems essential for our fulfillment. Without this partnership it is very difficult to feel whole. The desire for a committed relationship is so powerful. Finding and keeping love is not just a romantic idea. It's crucial to our intact survival. We are irrevocably committed to relationships as the context in which to experience our true nature. It is unconditionally loving your partner, making it safe for them to open to love, letting that love sink in over time so that trust can build, that allows their fullness to come back into being, so they can feel their oneness, their totality. It is the love we give that heals our partner, and the love we receive that heals us.

#2) Daydream

Laying in the grass looking up into the endless sky, while trying to decipher the unique shapes the white fluffy clouds can make as they flow by.

If I allow my imagination to see it.