

Artist Name: Nathaniel Ballard

I'm autistic with OCD, Generalized Anxiety, and Clinical Depression. Drawing is a coping mechanism for dealing with stress and when I am becoming overwhelmed. I have no training and am self taught from trial and error, books, and tips others have given since I've come to prison.

I like to draw pretty things. The healthy human form is an amazing wonder. So I try to draw people often, most often I will draw women. There is a reason women are/were referred to as "The Fairer Sex". There is Beauty in the female form found nowhere else.

I also like to doodle abstract shapes to calm myself and these doodles sometimes become art on their own just due to layering complex shapes over and over.

In the end my art is for me. If others like my art then that is nice, but that is always secondary. If my art ends up bringing you (whoever you are) happiness, then I'm glad and thank you for that - because that makes me happy too.