

**Artist Statement: 26th Annual Exhibition of Art by Michigan Prisoners**

Artist Name: Danny

I began doing crochet as a way to combat my PTSD and depression. being able to focus single mindedly of stitch counts and patterns helps me keep my mind from going to places I don't want. And when I finish making things, which I usually send home, I enjoy hearing how happy they make the people I give them to. My main passion is writing but crochet is fun and always exciting to see how you can make different texture and designs by changing a hook size or a type of stitch.

Please edit your Artist Statement to the space provided.