Y WILLIAMS 301961 LRF I ock:A UNIT007TOPA ID:847109214 IP 1/21 MEGAN Wilson LAPSIN SA3( First of Tid like to thank you for person. ally uniting me, it allowed me to see the love to be apart of this program because I believe I have alot to offer or for or first-hand-knowledge.

Liville be paroling very room & I plan
to manifest my NON-profit called P.D.P.'s
PRISONERS UNDER PRESSURE.

As I stated in my documentry letter. Prisons are doing close to nothing halvilitate men I believe I can help ppl once In released from prison - I feel in my heart that my purpose on this earth is to help .. I'm not A lad person, I just made lad choices as A teemager ... I have cooking, camping, traveling, learning new things that most people would call baroque » Being in prison allowed me the chance to learn so many new things ViA reading tought muself to read is unite of here - I wrote A self-help brook 3 enres 100 poems Please feel free to contact anytime to aid & assist your reserch. Stadley Dilland # 301961 yours < leuly E.C. BROOK CORK 2500 S. SheridAN Muskegon, Mich M9444

## You have received a JPGY letter, the fastest way to get mail

From: STANLEY WILLIAMS, ID: 301961 To: Annie Doss, CustomerID: 18473283

Date: 6/10/2020 2:18:40 PM EST, Letter ID: 847109214

Location: LRF

Housing: A UNIT007TOPA

My name is Stanley Alan Williams Jr, in 1999 I was convicted of 2 counts of CSC first, one count of CSC second, one count of armed robbery, & one count of home invasion, I was given a 20 year sentence & its now going on 22 yrs.. Despite my real intentions & the true circumstances of my case, I've regretted the decisions I made in 1999 since 1999..

I feel that people that commit crimes such as mine deserve incarceration & rehabilitation..

I was born in Kalamazoo Mich., I was raised by my mother & stepfather...

I grew up around crime on the north side of Kalamazoo & although my mom did her best to shield me from the crime, I still somehow always found a way to be around or apart of crime..

Most African Americans, we grow up witnessing murders, rapes, robberies, assaults, drugs, ect~when ppl make these things look good, we as children idolize it & become apart of it sometimes not by choice..

I believed when I was younger that the criminal legal system was designed to keep black men & women locked up...

The crimes black ppl commit are given heavier consequences & harsher sentences...

My first case, in 1996 I was in a high speed chase with the state police, after I was surrounded, I jumped out the car onto the highway & ran, when I was caught, I was body slammed & my collarbone was broken by a cop.. I was taken to a hospital & because of my collar bone injury, I was convicted of a misdemeanor fleeing & alluding, possession of stolen car & given 2yrs probation..

As I stated, I've been in MDOC going on 22 yrs & I'd like to tell the world how it is..

Prison is by far not what it used to be, there used to be education, programs, more jobs, more help, more ppl that

cared to help make a convicted inmate better. Now ~its all about the money...

As far as the physical & social conditions, I have to admit that truthfully, we have it better than a lot of states & countries as far as doing time.. But~compared to when I first came to prison, it has gotten worse especially when you consider how much tax payers are paying per inmate.. Socially, there is no help unless you find that one person who do care.. The correctional officers[c/o's] & certain employees nowadays will provoke, dehumanize, & blatantly disrespect inmates knowing that their word will always override our word as inmates..

I've seen c/o's beat up, set ppl up, & rape in here ..

Incarceration for me is survival of the fittest, you have to be mentally strong in here.. The respect is not where it used to be not only against us but also within ourselves.. Back when I first came to prison, you had older guys from different organizations who would teach you how to jail/do time~Now prison is filled with gangs & sad as it is, young men who don't kno how to think.. The older guys, we stay out the young guys way for our mental & physical safety.. Its kind've hard to live because we deal with so much, being that respect is not the norm, we never know what to expect rather it be your neighbor or an employee of MDOC..

I did almost 7 yrs @ St. Louis corr. Fac.[2001-2007] & there is where I learned I could not trust MDOC to protect me

or my well being..

Officers there DID EVERYTHING inmates were doing, having sex w/inmates, I even seen c/o Lutz rape a inmate name Steve Osborne with a broom, C/o's gambled w/inmates, even placed hits on other inmates..

In May of 2001 I was assaulted by the c/o's & I felt so helpless, I never told my family b/c I didn't want them stressing.. I've been in level 4 for majority of my bit, honestly its easier now to avoid trouble than when I first came to prison, all you gotta do is stay to yourself..

Mentally it is very hard in prison b/c of how much we have to endure, you have alot of ppl that will judge you, belittle you, disrespect you, & criticize you, these battles comes from employees, other inmates, & within ourselves..

As far as living conditions, its all about how content you'd like to be & how clean you are, prison is not meant to be comfortable.. There are some prisons that were jus horrible, Michigan Reformatory, URF, JCF, & IBC..

The health care system in MDOC is @ its worse, you have to be almost dead to get help & even then you still won't get what you need to survive.. Practically every fac. I've been to in the last 10 yrs, the health care is all about money.. On 11/7/18 I kited IBC Bellamy creek's health care about constant itching & bumps on me, it turned out I had caught scabies while working in seg. & they made me wait almost 4 months till they helped me, I suffered every night..

That very same day I visited health care 11-7-18 @ IBC, another inmate was trying to get help & I heard the nurses w/my own ears refuse to help the inmate & later that day he died..

This fac. I'm @ now, E.C. brooks, I've been denied dental care for over a year & my teeth are chipping, I currently have grievances in as I write..

There is very little to do in most level 4 fac., we are given maybe one hour of recreation, there are little to no classes to rehabilitate men unless you're on medication..

I dedicate my sanity to my family, my family has been by my side my entire 20 year bit, having family gave me alot to live for b/c there have been multiple times I wanted to give up..

I've survived this time by believing in God & having family..

Incarceration means punishment to me, a time to rebuild, reflect, & recreate yourself...

## STANLEY WILLIAMS 301961 LRF Lock: A UNIT007TOPA ID:847109214 [P 2/2]

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This time made me strong as ever, I feel I can withstand anything in the free world..

I do not feel that prison is doing what they're paid as far as rehabilitating inmates, more than 1/2 of the administration comes to work just for the check..

Prison did allow me the feeling of respecting humanity..

I want the world, scholars, policymakers, activist, & my community to know that prison did not make me better, I made me better along w/God & my family...

The abuse we have to deal with in prisons should be a crime. Prisons are a corporation of corruption or modern day slavery...

Please feel free to ask me anything..