

**Artist Statement — 30<sup>th</sup> Annual Exhibition of Artists in Michigan Prisons**

Artist Name: BEMINGTON

I FIND DRAWING AND PAINTING A GOOD OUTLET FOR THE DAILY STRESS OF LIFE. AS I WORK WITH THE DIFFERENT MEDIA I CAN ACCESS, I FIND NEW WAYS TO USE THEM AND EXPAND MY JOY. WITH THE EXHIBITIONS IVE BEEN ABLE TO FEEL MORE VALUE WITH WHAT I DO.