

Artist Statement: 26th Annual Exhibition of Art by Michigan Prisoners

Artist Name: Am Vic La' Bo

Art has helped me in almost every aspect of my life, it keeps me ^{stay} humbled + focused. It also has helped me cope with PTSD + anxiety, I find that my best work is applied when I'm being creatively challenged + given the opportunity to express myself artistically.

Please edit your Artist Statement to the space provided.