

## Artist Statement

My art is Zentangle.

Zentangle is an abstract meditational art form. It is comprised of a series of repetitive strokes that can be very simple or complex.

Tangles are drawn on 3 1/2" x 3 1/2" tiles using only black ink and graphite for shading.

When color and/or objects are included this becomes Zentangle Inspired Art (ZIA).

I started Zentangle six months ago, at age 72, with absolutely no previous art experience or ability.

In its purist form the finished product is not planned. Hence, there can be no expectations to be met

While tangling I am relaxed, focused, and creative.  
The motto is *Anything is possible, one stroke at a time.*

I can not imagine my life without it

I hope you enjoy it.

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