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The time we are living in calls for a revolution. But this revolution must be one of peace and it must begin within the hearts and minds of each and every individual on this planet. No one embodied this ideal more than Mahandas K. Gandhi — a man who stood firmly on the principles of truth and nonviolence, leading his country to independence, and setting an example for the world to follow.

True and lasting change cannot come by brute force; it cannot even come by a change in any politician or political system. It only becomes possible at the level of the individual — you and me. The world is a reflection of the heart of each one of us, therefore if we want to see a more just and peaceful world, then all of us are called upon to "be the change you want to see," as Gandhi so simply put it. In an era that is plagued by division and discord, war and genocide, this radical idea has never been needed more.

We don't just need one leader. This generation is in need of all of us to be Gandhi in our own unique ways. We must conquer hate with love and relieve suffering with compassion. That is the message here, nothing more. When I look at "Mahatma" Gandhi, I see a man who represented the best of us. A flawed man he was, as we all are, but we don't need perfection. We need a willingness to stand for what's right and true, with an open heart towards those whom we dislike, whom we disagree with. That is how we transform the world.