

## ARTIST STATEMENT

My art is Zentangle. Zentangle is an abstract meditational art form. It is comprised of a series of repetitive strokes using only ink and graphite for shading. In its purest form the finished product is not planned. Hence, there can be no expectations to be met.

When color and/or objects are included it becomes Zentangle Inspired Art (ZIA). Most of my art now takes that form.

I started Zentangle three years ago at age 72 with absolutely no previous art or perceived ability. When tangling I am relaxed, focused and creative. I try to project this feeling of peace in my art. The motto is, "Anything is possible, one stroke at a time".

I cannot imagine my life without it. I hope you enjoy it.